

ALBERT AND MICHEL ROUX JNR. AT INVERLOCHY CASTLE

**BREAKFAST**

Freshly Squeezed Orange or Grapefruit Juice  
Pressed Apple or Cranberry Juice  
Inverlochy Health Drink

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Fresh Natural Yoghurt with a Choice of Aged Earl Grey Prunes, Poached Pears with Vanilla or  
Cinnamon Spiced Apricots  
Selection of Cereals:  
Homemade Muesli, Crunchy Nut, Branflakes, Cornflakes  
Traditional Scottish Porridge  
Porridge Brulée with Whisky Cream  
Bowl of Fresh Fruit Salad

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**Main Courses**

Freshly Prepared to Order:  
Full Scottish Breakfast:  
Bacon, Sausage, Tomato, Mushrooms, Black Pudding, Haggis with Eggs Cooked to Your  
Liking: Fried, Poached or Scrambled  
(Our Sausages are all Homemade Free Range Pork & Sage)  
Pancakes with Bacon and Maple Syrup  
Roux and Balvenie Whisky Cured Smoked Salmon and Scrambled Eggs  
Local Smoked Kippers with Parsley Butter  
Omelette with a Choice of Filling:  
Ham, Smoked Salmon, Cheese, Tomato, Mushroom or Herbs  
Eggs Benedict  
Poached Peat Smoked Haddock with Poached Eggs

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All served with Croissants, Pain au Chocolat and Pain au Raisin,  
White or Wholemeal Toast

All of our Eggs are Free Range Scottish Eggs. Our Bacon, Haggis and Black Pudding is from Aberfoyle Butcher.  
Kippers from Loch Fyne and Smoked Haddock from J R Thompson of Musselburgh,  
Cream and Milk from Graham's Dairy